Athletics and Activity notes 11-16-2020

What to Consider.

- 1. Would students have to miss more class time?
- 2. What are the benefits?
- 3. Would drivers be available?
- 4. How would this impact middle school?
- 5. Would game times need to be adjusted?
- 6. Practice times need adjusting

Issue Number 1 - Would students have to miss more class time?

The goal is to usually to arrive about 1 hour in advance to most games/events. Starting times very from sport to sport and level to level. Example - Often JV or C team games start earlier

In general we start picking up HS teams 1:45 (if we need to beat the gen ed. Buses out of the parking lot) at the earliest then most 2:30- 3:00 so right after the current school day and the later sports 3:30

Here is a list of sports and the most common pick up times for games

Fall: Sports:

Boys Tennis 2:30-3:00ish

Cross Country 2:15 and often times they already leave at between 1:00-2:00

Girls Soccer 3:00 - 3:30

Girls Swimming 1:45 - 2:15

Volleyball 3:30

Football Varsity 3:30-5:00 Friday, however Monday JV and C team games 2:15-3:00

Winter

Boys/Girls Basketball 3:30-4:00

Girls Bowling 2:15 (even for practice as bowling venue availability)

Gymnastics Not a problem except for league, district and state when they already may miss.

Wrestling 3:30 – 4:00

Boys Swimming 1:45 - 2:15

Spring

| Track | 2:30 - 3:00 |
|--------------|-------------|
| Baseball | 2:30 - 3:00 |
| Fastpitch | 2:30 - 3:00 |
| Golf | 2:30 - 3:00 |
| Boys Soccer | 3:15 - 3:30 |
| Girls tennis | 2:30 - 3:00 |

Conclusion – unless start time for games are moved then we would have to get out of school early more often than in the past.

Issue 2 - Benefits

- 1. Studies have shown fewer injuries when students get more than 8 hours of sleep.
- 2. And better athletic performance

Issue 3 - Would drivers be available? [Maddux, Deanna] This one that I can not give an exact answer too. It would be more difficult because we could not do the drop and return option because the drivers would already be driving elementary routes. I think it is safe to say we would have less drivers available.

When drivers aren't available, we turn to other bus companies - Like First Student, Durham, or private charter companies. These usually cost about twice as much

Issue 4 - How would this impact middle school [Maddux, Deanna] We would be pushing middle schools a few min later on the bell time we purposed, the loss of daylight is always a factor for your MS trips, but for drivers I don't think so. If they wanted to look at the other bell times where it was ES, MS then HS then yes, it would be impactful to both sports groups. MS, would have to wait until the HS routes cleared up and Most MS and HS trips could not depart until after 5:00pm. This would also conflict with field/facility use in our district.

Other notes:

- Last year we started to have a shortage of drivers...last spring we had been told that all trips were going to have to early before school got out or wait until 4:30 when the routes were finished.
- 2. If times change then we would need to hope that game times could change for some sports.
- 3. It could open up for before school practice times. Question does that defeat the purpose of a late bell schedule.
- 4. If games had to start later then return time is later especially from longer trips
- 5. If practices starts later do we cut practice time or do we extend later especially during seasons that share gyms.