

MIDDLE SCHOOL MENU

October
2021

All meals include choice of 1% white or non-fat chocolate milk and fruit/veggie bar.*

This institution is an equal opportunity provider and employer. Menu subject to change.

*All food served in our schools may contain or be manufactured or prepared in close proximity to products containing known allergens, such as peanuts. ****Beside Menu item denotes Pork**



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Elementary \$0.00 Secondary \$0.00 Reduced Price \$0.00 Adult \$2.90 Milk \$0.50	LUNCH Elementary \$0.00 Secondary \$0.00 Reduced K-3 \$0.00 Reduced 4-12 \$0.00 Adult \$4.75 See school for Ala Carte pricing.	Meal Payments Online You may now pay online for some of your student's fees, fines, and lunch payments! There is a \$2 fee FOR EVERY SHOPPING TRIP.	You can make multiple school purchases for multiple students and the fee will only be assessed once upon checkout. Please find the link on the district's website at www.nthurston.k12.wa.us	1 Professional Development Day NO SCHOOL
4 1. Soft Shell Taco Seasoned Beef, Refried Beans, Cheese, Lettuce, Tomato. Sour Cream & Salsa 2. Pepperoni or Cheese Pizza Salad Bar	5 1. Chicken Nuggets French Fries Shortbread Treat 2. Cheeseburger Salad Bar	6 1. Penne Pasta Bar Meatballs & Sauce Chicken Alfredo Garlic Toast 2. Pepperoni or Cheese Pizza Salad Bar	7 1. Teriyaki Chicken Steamed Rice Steamed Vegetables 2. BBQ Rib Sandwich Salad Bar	8 1. French Bread Pizza 2. Chicken Burrito Salad Bar
11 1. Macaroni & Cheese Scooby Snack Crackers 2. Pepperoni or Cheese Pizza Salad Bar	12 1. Nachos 2. Chicken Burger Salad Bar	13 1. Penne Pasta Bar Meatballs & Sauce Chicken Alfredo Breadstick 2. Pepperoni or Cheese Pizza Salad Bar	14 1. Chilli Con Carne Cinnamon Roll 2. Cheese Quesadilla Salad Bar	15 1. Pepperoni or Garlic Cheese Rippers 2. Corndog Salad Bar
18 1. Orange Glazed Chicken Steamed Rice Steamed Vegetables 2. Pepperoni or Cheese Pizza Salad Bar	19 1. Mozzarella Stuffed Breadsticks w/Marinara Dipping Sauce 2. Chicken Burger Salad Bar	20 1. Penne Pasta Bar Meatballs & Sauce Chicken Alfredo Garlic Toast 2. Pepperoni or Cheese Pizza Salad Bar	21 1. Chicken & Waffles 2. BBQ Rib Sandwich Salad Bar	22 1. French Bread Pizza 2. Chicken Burger
25 1. Chicken Burger 2. Pepperoni or Cheese Pizza Salad Bar	26 1. Cheeseburger 2. Rippers Salad Bar	26 1. Chicken Burger 2. Pepperoni or Cheese Pizza Salad Bar	28 1. Cheeseburger 2. Rippers Salad Bar	29 1. BBQ Rib Sandwich 2. Mini Corndogs Salad Bar

Quick Stop

Fruit & Yogurt Parfaits

Deli Sandwiches

Entrée Salads

Don't Forget that Breakfast is served Daily!!



WELCOME BACK!

FILL OUT YOUR FREE AND REDUCED LUNCH APPLICATION!

Great News! Meals will be provided at no cost to students during the 2021-2022 school year! Families should STILL fill out a Free & Reduced-Price Meal Application. Students who qualify for free or reduced-priced meals may also qualify for:

➔ **WAIVING FEES (NO ASB CARD FEES, ATHLETICS FEES, AND MORE!)**

➔ **PANDEMIC EBT BENEFITS**

Don't miss out! Students who do not have a current year application will not qualify for these benefits. Get your application in now.



<https://ntps.news/freeandreduced>



We Need Food Service Substitutes!

Food & Nutrition Services has immediate openings for cook helper subs. Work while your students are in school! Flexible schedules, plus the opportunity to meet and work with the amazing students of NTPS. Apply at [nthurston.k12.wa.us/Employment/Current Openings](http://nthurston.k12.wa.us/Employment/Current%20Openings).

URGENTLY HIRING

**BUS
DRIVERS!**



We Need Bus Drivers! ↗

NTPS Transportation is hiring bus drivers! Training is free, the pay and benefits are great, plus you have the opportunity to meet and work with the amazing students at NTPS. Immediate openings! [Learn more and apply today!](#)

Milk – 1% White milk and non-fat chocolate milk are offered daily.
Some menu items are manufactured in facilities that also process products with peanuts and tree nuts.
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