

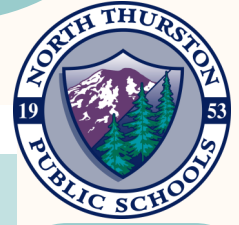
ELEMENTARY MENU

October
2021

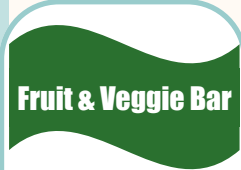
All meals include choice of 1% white or non-fat chocolate milk and fruit/veggie bar.*

This institution is an equal opportunity provider and employer. Menu subject to change.

*All food served in our schools may contain or be manufactured or prepared in close proximity to products containing known allergens, such as peanuts. **Beside Menu item denotes Pork



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Elementary \$0.00 Secondary \$0.00 Reduced Price \$0.00 Adult \$2.90 Milk \$0.50	LUNCH Elementary \$0.00 Secondary \$0.00 Reduced K-3 \$0.00 Reduced 4-12 \$0.00 Adult \$4.75 See school for Ala Carte pricing.	Meal Payments Online You may now pay online for some of your student's fees, fines, and lunch payments! There is a \$2 fee FOR EVERY SHOPPING TRIP	You can make multiple school purchases for multiple students and the fee will only be assessed once upon checkout. Please find the link on the district's website at www.nthurston.k12.wa.us	1 Professional Development Day <u>NO SCHOOL</u>
4 Mozzarella Stuffed Breadsticks w/ Marinara Dipping Sauce <u>Mini French Toast</u> <u>Fruit</u>	5 Teriyaki Chicken or Fruit Yogurt Steamed Rice <u>Blueberry Eggo</u> <u>Waffle</u> <u>Fruit</u>	6 Macho Nacho Taco Meat, Shredded Cheese, Whole Grain Tortilla Chips <u>Mini Maple Pancakes</u> <u>Fruit</u>	7 Chicken or Veggie Burger Steamed Corn <u>Apple Cinnamon Breakfast Bar</u> <u>Fruit</u>	8 Pepperoni or Cheese Pizza <u>Mini Cinni</u> <u>Fruit</u>
11 Fish Sticks or Cottage Cheese Cheez-it Crackers <u>Bagel & Cream Cheese</u> <u>Fruit</u>	12 Popcorn Chicken or Fruit Yogurt Garlic Toast <u>Waffles</u> <u>Fruit</u>	13 Brunch for Lunch Mini French Toast, Sausage or Yogurt <u>Bagel with Strawberry Cream Filling</u> <u>Fruit</u>	14 Hamburger or Veggie Burger French Fries <u>Blueberry Loaf String Cheese</u> <u>Fruit</u>	15 Turkey Ham & Cheese Rippers or Garlic Cheese Rippers <u>Mini Cinni</u> <u>Fruit</u>
18 Chicken or Veggie Burger Steamed Corn <u>Mini French Toast</u> <u>Fruit</u>	19 Beef Dippers or Fruit Yogurt Steamed Rice <u>Blueberry Eggo</u> <u>Waffle</u> <u>Fruit</u>	20 Breaded Chicken Drumstick or Cottage Cheese Breadstick <u>Mini Maple Pancake</u> <u>Fruit</u>	21 Corndog or Veggie Burger Corn Chips <u>Apple Cinnamon Breakfast Bar</u> <u>Fruit</u>	22 Pepperoni or Cheese Pizza <u>Mini Cinni</u> <u>Fruit</u>
25 Cheese Stuffwich <u>Bagel & Cream Cheese</u> <u>Fruit</u>	26 Turkey & Cheese Sandwich or Yogurt Goldfish Crackers <u>Waffles</u> <u>Fruit</u>	27 Cheese Pizza <u>Bagel with Strawberry Cream Filling</u> <u>Fruit</u>	28 Beef & Cheese Taco Wrap or Cottage Cheese Jungle Crackers <u>Blueberry Loaf String Cheese</u> <u>Fruit</u>	29 Chicken Salad Sandwich or Yogurt Shortbread Treat <u>Mini Cinni</u> <u>Fruit</u>



A minimum of 2 vegetables and 1 fruit is available daily. Options change daily and may include.

- Romaine
- Broccoli
- Cauliflower
- Carrots
- Cherry Tomatoes
- Edamame
- Kidney Beans
- Cucumber Coins
- Celery
- Baby Corn
- Apples
- Oranges
- Grapes
- Bananas
- Lightly Sweetened Canned Fruits
- Seasonal options

For specific daily offerings visit our online menu

Don't Forget that Breakfast is served Daily!!





WELCOME BACK!

FILL OUT YOUR FREE AND REDUCED LUNCH APPLICATION!

Great News! Meals will be provided at no cost to students during the 2021-2022 school year! Families should STILL fill out a Free & Reduced-Price Meal Application. Students who qualify for free or reduced-priced meals may also qualify for:

➔ **WAIVING FEES (NO ASB CARD FEES, ATHLETICS FEES, AND MORE!)**

➔ **PANDEMIC EBT BENEFITS**

Don't miss out! Students who do not have a current year application will not qualify for these benefits. Get your application in now.



<https://ntps.news/freeandreduced>



We Need Food Service Substitutes!

Food & Nutrition Services has immediate openings for cook helper subs. Work while your students are in school! Flexible schedules, plus the opportunity to meet and work with the amazing students of NTPS. Apply at [nthurston.k12.wa.us/Employment/Current Openings](http://nthurston.k12.wa.us/Employment/Current%20Openings).

URGENTLY HIRING

**BUS
DRIVERS!**



We Need Bus Drivers! ↗

NTPS Transportation is hiring bus drivers! Training is free, the pay and benefits are great, plus you have the opportunity to meet and work with the amazing students at NTPS. Immediate openings! [Learn more and apply today!](#)