

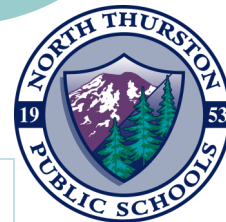
GRAB & GO MENU

November
2020

All meals include choice of 1% white or non-fat chocolate milk and fruit/veggie bar.*

This institution is an equal opportunity provider and employer. Menu subject to change.

*All food served in our schools may contain or be manufactured or prepared in close proximity to products containing known allergens, such as peanuts. **Beside Menu item denotes Pork



Monday	Tuesday	Wednesday	Thursday	Friday	
2 Pepperoni French Bread Pizza** Mixed Vegetables Peaches <u>Breakfast Pizza</u> <u>Fresh Apple</u>	3 Hamburger Mixed Vegetables Applesauce <u>Yogurt Variety</u> <u>Banana</u> <u>Rice Chex</u>	4 Macho Nachos Mixed Vegetables Pears <u>Pancakes</u> <u>Waffles</u> <u>Orange</u>	5 Chicken Burger Mixed Vegetables Mixed Fruit <u>Breakfast Bar—Apple</u> <u>Cinnamon</u> <u>Fresh Apple</u>	6 Grilled Cheese Stuffwich Mixed Vegetables Mixed Berry Cup <u>Bagel Pizza</u> <u>Raisins</u> <u>Cheerios</u>	
9 Cheese Pizza Rippers Mixed Vegetables Peaches <u>Pancake on a Stick</u> <u>Fresh Apple</u>	10 Chicken Strip Mixed Vegetables Pears Snack Cracker <u>Yogurt Variety</u> <u>Banana</u>	11 Veteran's Day <u>NO SCHOOL</u>	12 Orange Chicken w/ Brown Rice Mixed Vegetables Mixed Fruit <u>Pancakes</u> <u>Fresh Apple</u>	13 Turkey & Cheese Hoagie Mixed Vegetables Blueberries <u>Craisins</u> <u>Rice Chex</u>	
16 Pepperoni French Bread Pizza** Mixed Vegetables Peaches <u>Breakfast Pizza</u> <u>Fresh Apple</u>	17 Teriyaki Beef Dippers w/Rice Mixed Vegetables Pear <u>Yogurt Variety</u> <u>Banana</u> <u>Rice Chex</u>	18 Penne Pasta w/ Meatballs Mixed Vegetables Applesauce Garlic Toast <u>Waffles</u> <u>Pancakes</u>	19 Chicken Chunks Mixed Vegetables Mixed Fruit Shortbread Treat <u>Bagel</u> <u>Fresh Apple</u>	20 Chicken Burger Mixed Vegetables Fruit Choice <u>Raisins</u> <u>Cheerios</u>	
23 Cheese Pizza Rippers Mixed Vegetables Peaches <u>Breakfast Pizza</u> <u>Fresh Apple</u>	24 Chicken Strips Mixed Vegetables Pear Snack Cracker <u>Yogurt Variety</u> <u>Fresh Orange</u> <u>Cheerios</u>	25 THANKSGIVING BREAK NO SCHOOL			27
30 Flatbread Cheese Pizza Mixed Vegetables Dried Fruit Mix <u>Breakfast Pizza</u> <u>Fresh Apple</u>			*Nov 21st & Nov 23rd Meal Kits will contain 7 days of meals. *Nov 28 & Nov 30 No weekly meal kit distribution.		

IMPORTANT

Menu items are subject to change due to availability.

PICK UP FOR WEEKLY MEAL KITS* AVAILABLE SATURDAY, 9AM-12PM OR MONDAY, 11AM-1PM AND 5PM-7PM

For specific locations please visit our Remote Learning Meals page on our website.





WELCOME BACK!

It's time to apply for **FREE & REDUCED PRICED MEALS** for the **2020-21 school year.**

A new application must be submitted annually to continue receiving free or reduced-price meals in the 2020-21 school year. All students without a current year application will change to **FULL PRICE meals on October 21, 2020.**



Apply Online Through Family Access



Login to your Skyward Family Access account and follow these steps:

1. Click "**Food Service**" on the left-hand side menu.
2. Along the top of the page, click the drop-down box next to "**All Students**" and **select a student** from your household - *you will only need to fill out one application for your household.*
3. Click the "**Applications**" link located along the top of this new page.
4. Click the "**Add Application**" link.
5. Follow the prompts to complete and submit an application.

You will receive an email once your application has been processed and your eligibility will be updated in Family Access.

Paper applications will also be available at all schools, District Office, Food and Nutrition Service and a downloadable application is available on our website www.nthurston.k12.wa.us. Complete, sign, and return your household application to your students' school or mail your application to: *NTPS Food and Nutrition Services, 6217 Mullen Rd SE, Lacey, WA 98503.*

**For more Information on Meal Benefits, contact the
Food and Nutrition Services Department at:**

360-412-4446

