

# ELEMENTARY MENU

May  
2022

All meals include choice of 1% white or non-fat chocolate milk and fruit/veggie bar.\*

This institution is an equal opportunity provider and employer. Menu subject to change.

\*All food served in our schools may contain or be manufactured or prepared in close proximity to products containing known allergens, such as peanuts. \*\*Beside Menu item denotes Pork



## Fruit & Veggie Bar

A minimum of 2 vegetables and 1 fruit is available daily. Options change daily and may include.

- Romaine
- Broccoli
- Cauliflower
- Carrots
- Cherry Tomatoes
- Edamame
- Kidney Beans
- Cucumber Coins
- Celery
- Baby Corn
- Apples
- Oranges
- Grapes
- Bananas
- Lightly Sweetened Canned Fruits
- Seasonal options

For specific daily offerings visit our online menu

Don't Forget that Breakfast is served Daily!!



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets or Cottage Cheese Garlic Toast  <u>Blueberry Muffin</u> <u>Fruit</u>	3 Hot Dog or Veggie Burger Tater Tots  <u>Waffle</u> <u>Fruit</u>	4 Brunch for Lunch Pancakes w/Sausage Links or Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Ultimate Breakfast Round</u> <u>Fruit</u>	5 Orange Chicken & Rice or Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Apple Cinnamon Breakfast Bar</u> <u>Fruit</u>	6 Cheese Stuffwich Shortbread Treat  <u>Cinnamon Roll</u> <u>Fruit</u>
9 Teriyaki Chicken & Rice OR Sunbutter & Jelly Sandwich w/Cheese Stick  <u>French Toast Breakfast Bar</u> <u>Fruit</u>	10 Macho Nacho Taco Meat, Shredded Cheese, Whole Grain Tortilla Chips or Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Blueberry Muffin</u> <u>Fruit</u>	11 Chicken Burger or Veggie Burger Tater Tots  <u>Cherry Apple Bar</u> <u>Fruit</u>	12 Penne Pasta w/ Chicken Alfredo or Cottage Cheese Breadstick  <u>Bagel &amp; Cream Cheese</u> <u>Fruit</u>	13 Corndog Bites or Veggie Burger  <u>Cinnamon Roll</u> <u>Fruit</u>
16 Breaded Chicken Drumstick or Cottage Cheese Bread Stick  <u>Blueberry Muffin</u> <u>Fruit</u>	17 Hamburger or Veggie Burger Tater Tots  <u>Waffle</u> <u>Fruit</u>	18 Beef & Cheese Burrito or Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Ultimate Breakfast Round</u> <u>Fruit</u>	19 Chili Con Carne or Yogurt Cinnamon Roll  <u>Apple Cinnamon Breakfast Bar</u> <u>Fruit</u>	20 Chicken Tenders or Cottage Cheese Snack Cracker  <u>Cinnamon Roll</u> <u>Fruit</u>
23 Mozzarella Stuffed Breadstick Bites w/Marinara Dipping Sauce  <u>French Toast Breakfast Bar</u> <u>Fruit</u>	24 Macho Nacho Taco Meat, Shredded Cheese, Whole Grain Tortilla Chips OR Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Blueberry Muffin</u> <u>Fruit</u>	25 Brunch for Lunch Pancakes w/Sausage Patty OR Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Cherry Apple Bar</u> <u>Fruit</u>	26 Teriyaki Chicken & Rice OR Sunbutter & Jelly Sandwich w/Cheese Stick  <u>Bagel &amp; Cream Cheese</u> <u>Fruit</u>	27 Hawaiian or Cheese Pizza  <u>Cinnamon Roll</u> <u>Fruit</u>
30  HAPPY MEMORIAL DAY	31 Chicken Nuggets or Cottage Cheese Bread Stick  <u>Waffle</u> <u>Fruit</u>		<b>BREAKFAST</b> Elementary \$0.00 Secondary \$0.00 Reduced Price \$0.00 Adult \$2.90 Milk \$0.50  <b>LUNCH</b> Elementary \$0.00 Secondary \$0.00 Reduced K-3 \$0.00 Reduced 4-12 \$0.00 Adult \$4.75	<u>Meal Payments Online</u> You may now pay online for some of your student's fees, fines, and lunch payments! There is a \$2 fee FOR EVERY SHOPPING TRIP. You can make multiple school purchases for multiple students and the fee will only be assessed once upon checkout. Please find the link on the dis-



# WELCOME BACK!



## We Need Food Service Substitutes!

Food & Nutrition Services has immediate openings for cook helper subs. Work while your students are in school! Flexible schedules, plus the opportunity to meet and work with the amazing students of NTPS. Apply at [nthurston.k12.wa.us/Employment/Current Openings](http://nthurston.k12.wa.us/Employment/Current%20Openings).

## FILL OUT YOUR FREE AND REDUCED LUNCH APPLICATION!

Great News! Meals will be provided at no cost to students during the 2021-2022 school year! Families should STILL fill out a Free & Reduced-Price Meal Application. Students who qualify for free or reduced-priced meals may also qualify for:

- ➔ **WAIVING FEES (NO ASB CARD FEES, ATHLETICS FEES, AND MORE!)**
- ➔ **PANDEMIC EBT BENEFITS**

Don't miss out! Students who do not have a current year application will not qualify for these benefits. Get your application in now.



<https://ntp.news/freeandreduced>

**URGENTLY HIRING**

**BUS  
DRIVERS!**



## We Need Bus Drivers! ↗

NTPS Transportation is hiring bus drivers! Training is free, the pay and benefits are great, plus you have the opportunity to meet and work with the amazing students at NTPS. Immediate openings! [Learn more and apply today!](#)