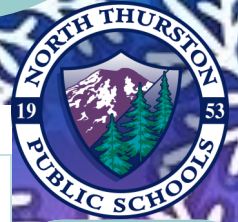


GRAB & GO MENU

December
2020

This institution is an equal opportunity provider and employer. Menu subject to change.
*All food served in our schools may contain or be manufactured or prepared in close proximity to products containing known allergens, such as peanuts. ****Beside Menu item denotes Pork**



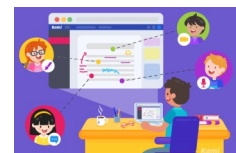
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Chunks Mixed Vegetables Strawberry Cup <u>Yogurt Variety</u> <u>Banana</u> <u>Rice Chex</u>	2 Hamburger Mixed Vegetables Applesauce Cup <u>Pancakes OR</u> <u>Waffles</u> <u>Orange</u>	3 Chicken Burger Mixed Vegetables Mixed Berry Cup <u>Breakfast Bar—Apple</u> <u>Cinnamon</u> <u>Fresh Apple</u>	4 Taco Snack Mixed Vegetables Fresh Fruit <u>String Cheese</u> <u>Raisins</u> <u>Cheerios</u>
7 BBQ Rib Sandwich Mixed Vegetables Peaches <u>Breakfast Pizza</u> <u>Fresh Apple</u>	8 Chicken Drumstick w/Stuffing Green Beans Pears <u>Yogurt Variety</u> <u>Banana</u> <u>Rice Chex</u>	9 Chicken Burger Mixed Vegetables Applesauce <u>Pancakes</u> <u>Orange</u>	10 Pasta w/Meatballs Garlic Toast Mixed Vegetables Mixed Fruit <u>Breakfast Bar—Apple</u> <u>Cinnamon</u> <u>Fresh Apple</u>	11 <i>Professional Development Day</i> NO SCHOOL
14 Cheese Pizza Pinwheel Mixed Vegetables Peaches <u>Pancake on a Stick</u> <u>Fresh Apple</u>	15 Nachos Refried Beans Pears <u>String Cheese</u> <u>Banana</u> <u>Cheerios</u>	16 Hamburger Mixed Vegetables Applesauce <u>Pancakes</u> <u>Orange</u>	17 Turkey Gravy Dinner Roll Mixed Vegetables Peach Cup <u>Bagel & Cream Cheese</u> <u>Fresh Apple</u>	18 Bean & Cheese Burrito Mixed Vegetables Fruit Choice <u>Craisins</u> <u>Cereal</u> <u>Omelet</u>
21	22	23	24	25
WINTER BREAK				
28	29	30	31	1
NO SCHOOL				

IMPORTANT

Menu items are subject to change due to availability.

PICK UP FOR WEEKLY MEAL KITS* AVAILABLE SATURDAY, 9AM-12PM OR MONDAY, 11AM-1PM AND 5PM-7PM

For specific locations please visit our Remote Learning Meals page on our website.





WELCOME BACK!

It's time to apply for **FREE & REDUCED PRICED MEALS** for the **2020-21 school year.**

A new application must be submitted annually to continue receiving free or reduced-price meals in the 2020-21 school year. All students without a current year application will change to **FULL PRICE meals on October 21, 2020.**



Apply Online Through Family Access



Login to your Skyward Family Access account and follow these steps:

1. Click "**Food Service**" on the left-hand side menu.
2. Along the top of the page, click the drop-down box next to "**All Students**" and **select a student** from your household - *you will only need to fill out one application for your household.*
3. Click the "**Applications**" link located along the top of this new page.
4. Click the "**Add Application**" link.
5. Follow the prompts to complete and submit an application.

You will receive an email once your application has been processed and your eligibility will be updated in Family Access.

Paper applications will also be available at all schools, District Office, Food and Nutrition Service and a downloadable application is available on our website www.nthurston.k12.wa.us. Complete, sign, and return your household application to your students' school or mail your application to: *NTPS Food and Nutrition Services, 6217 Mullen Rd SE, Lacey, WA 98503.*

**For more Information on Meal Benefits, contact the
Food and Nutrition Services Department at:**

360-412-4446

