



Native Student Programs Newsletter

May 2021



Remember, we are available for student support on Tuesdays and Thursdays from 11 to 2pm, or by appointment. We encourage you to visit our webpage for Native Education resources and information [HERE](#). Please feel free to reach out with ideas for our newsletter, your input is welcome. Our contact information is at the bottom of the newsletter. Enjoy!

Native Spotlight

Sarah Winnemucca (1844 – October 16, 1891) was a Northern Paiute author, activist, interpreter, and educator. She was born near Humboldt Lake, Nevada. Her family were leaders in her community. She was sent to Catholic school in Santa Clara, California. When the Paiute War exploded, her family fled to San Francisco and Virginia City. Her family made a living performing onstage. Read more about this amazing



woman [HERE](#).

Traditional Food, Plants and Medicines

Watch an awesome camas harvesting and traditional way of cooking video made by Cowlitz tribal members [HERE](#).

Need to relax? Watch this meditation video in the Muckleshoot language [HERE](#),

College and Career

- ❖ Muckleshoot Tribal College <http://muckleshoothered.org/>
- ❖ Northwest Indian College <https://www.nwic.edu/>
- ❖ Evergreen State College Native Pathways Program <https://www.evergreen.edu/nativepathways/native-pathways-program>
- ❖ Evergreen State College Native Studies <https://www.evergreen.edu/studies/native-american-studies>
- ❖ Evergreen State College Native American and Indigenous programs <https://www.evergreen.edu/studies/path/native-american-and-indigenous-programs>
- ❖ Highline College <https://www.highline.edu/>
- ❖ Pierce College <https://www.pierce.ctc.edu/>
- ❖ Native Scholarships (bottom of page) https://cowlitz.org/index.php?option=com_content&view=category&layout=blog&id=39&Itemid=181



Deadline: April 30th at 5:00 p.m. PST
Virtual Class Schedule: M–F, 8AM–12PM
High School Credit: .5 for health education
Equipment Provided: blood pressure cuff, stethoscope & microscope

Na-ha-shnee STEAM Health

Online Summer Institute | June 28 – July 30, 2021

Native American Health Sciences will be hosting the Na-ha-shnee STEAM Health Institute this June 28 – July 30, 2021. This program is designed for students interested in the health sciences and/or Science, Technology, Engineering, Art, and Math (STEAM Health) fields and have completed grades 9-12 at the end of this school year. This Institute will focus on health sciences and STEAM Health careers available, as well as research and learning opportunities within these fields. We will be providing hands-on learning experiences 4-hours each weekday through a Chromebook. We will send participants the Chromebook, along with experiment kits, materials, and other supplies such as culturally based art projects to do in your home. You will learn from faculty and professionals across several health occupations, and receive cultural instruction from tribal elders. All expenses are paid for and students who participate for the full five weeks will be able to keep their Chromebook and receive a \$200 stipend!

For more information please visit spokane.wsu.edu/about/na-ha-shnee-steam-health-summer-institute-application or contact the Native American Outreach Health Sciences Coordinator, Evanlene Melting Tallow at e.meltingtallow@wsu.edu and 509-358-7833

WASHINGTON STATE UNIVERSITY HEALTH SCIENCES SPOKANE

NOMINATE A TEACHER

It's not too late! If you have or know a teacher who has been a huge advocate for Native students, Native history, Native culture, and/or our Native Program, let us know so we can include them in our newsletter. We will recognize their hard work and dedication for our Native youth and community. Our contact info is below.

Contact Us:

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We acknowledge that North Thurston Public Schools resides on the traditional lands of the Nisqually people. The Nisqually have lived on and cared for this land and these waterways since time immemorial. We make this acknowledgment to open a space of recognition, inclusion, and respect for our sovereign tribal partners and all indigenous students, families, and staff in our community.