

## RRHS Girls Basketball 2022 - 2023

**Philosophy:** Work hard throughout the season to learn the game and compete at our highest level. Always remain positive and support teammates and the entire program.

### **Academics and Attendance:**

1. Attending and succeeding in ALL classes is your first priority during the basketball season. If at any time you are having trouble with a class, notify Coach AJ and Coach Creamer immediately.
2. Staying after school to get help from a teacher or to complete an assignment or test will ALWAYS be an excused tardy to practice. Please notify Coach beforehand and get a note from that teacher stating the time you left their classroom.
3. Students must maintain a GPA of 2.0 or higher and be passing 5 out of their 6 classes to be eligible to play games.
4. Attendance to ALL class periods is mandatory on any game day.

### **Practice:**

1. **SHOW UP.** If you have to miss a practice or game, tell Coach AJ and Coach Creamer ahead of time. If you have an unexcused absence then you won't play in the next game. If you are sick and unable to attend practice, call or email a Coach that day.

### **Excused absences for practice and games are as follows:**

- Pre-scheduled medical appointment
  - Family Emergency
  - School Sponsored Event
  - Illness (\*please stay home until you are feeling well enough to attend practice as a spectator or participant, wearing a mask upon return for the first few days and whenever feeling ill is highly encouraged to prevent other teammates from becoming sick as well.)
2. **BE ON TIME.** Practice starts promptly at 2:30 pm and will end around 4:30. Players must be completely changed.

4. The WIAA requires a minimum of 10 practices before a player may participate in any game. Missing practice during the first two weeks will jeopardize participation in the first game.

5. The WIAA rules “prohibit coaches from giving athletes special treatment on a regular basis through late arrival, early dismissal, or missing practice altogether, in order for that athlete to meet the commitment with non-school sports programs.” As a result, although participation is not prohibited, no practice or game will be excused due to involvement with other teams and/or private lessons.

### **Games:**

1. For all home games every player must be dressed and on the court

2. For away games, all players must ride the bus to the game. After the game, players may ride home with THEIR parents if a travel release form has been completed. Parents please physically check your player out with the coach before leaving.

3. During every game players need to be focused on the game, their teammates, and their coaches. Outside distractions, such as conversations in the stands, cell phones, airpods and other electronics will not be tolerated.

### **Sportsmanship:**

1. Players will display only support and respect for their teammates and coaches. During practice players are expected to offer each other positive reinforcement and to show respect for the entire coaching staff. This includes *appropriate* language during all practices and games.

2. Players will show respect for any game official and the other team’s players and staff on game day. At no time before/during/or after a game should a player make negative comments to an official regarding the quality of calls made. If a player has concerns about an official during the game they need to bring these to the coach immediately.

**Playing Time:** On the varsity team playing time is earned based on skill, hustle, and attitude. Playing time is not guaranteed and will most likely not be evenly distributed among players. If players or parents have questions around this issue during the season they should *schedule* a time to discuss this with the head coach.

**Varsity Letter:** To earn a varsity letter athletes must play in a minimum of **28** individual quarters during a varsity game.

**Communication:** Communication between coaches and parents is important. If you have any questions or concerns at any time during the season please contact me and we will find a time to discuss it. Please **DO NOT** approach coaches with questions on game day as that is when they need to focus on the players and the game.

**Removal: Student athletes are expected to follow team rules and expectations at all times during the season.** If a problem or issue arises and a coach has a valid concern they will first make a reasonable attempt to communicate with the student athlete for redirection and correction of concern towards expressed expectation, depending on the severity of the concern. If there is cause for immediate removal (including but not limited to ineligibility, substance use, violence/threats of violence, dishonesty, etc.) then immediate action will be taken. Removal from the team will be at the Coaches and Athletic Director's discretion based on student athletes choices and behavior, effort and eligibility.

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